# **ENT** leadership

### **BY JA MUIR GRAY**

#### Challenges

The first challenge is to agree what we mean by the term leadership because there are many different ways in which the term is used. What is, however, a consensus is that the key distinction between leadership and management is that leadership shapes the culture of the organisation whereas management delivers the organisation's service within the common context of the culture.

"Five common themes have emerged that capture the essence of leadership: visioning, creating a culture of shared values, strategy forming and implementation, empowerment of people, and influence, motivation and inspiration... [The] ability to perceive the limitations of one's own culture and to develop the culture adaptively is the essence and ultimate challenge of leadership." [1].

For example, if the culture of the organisation is to constantly criticise and be sarcastic about general practitioners, new recruits will soon pick up the culture and will themselves start to criticise. If, on the other hand, the culture of the organisation is to speak with respect of other professionals then the culture of respect will impress the newcomer and he too will refrain from this.

## Leadership and transformation

One of the earliest influential writers on leadership was James MacGregor Burns and he distinguished between two types of leadership, transformational and transactional.

"Leadership is needed now because we need transformation, not more of the same."

......

"Transforming leadership, while more complex, is more potent (than transactional leadership). The transforming leader recognises and exploits an existing need or demand of a potential follower. But, beyond that, the transforming leader looks for potential motives in followers, seeks to satisfy higher needs, and engages the full person of the follower. The result of transforming leadership is a relationship of mutual stimulation and elevation that converts followers into leaders and may convert leaders into moral agents." [1].

For many people now transactional leadership would be what they understand as management and, just as leadership is regarded as synonymous with culture change, so leadership should be regarded as synonymous with transformation rather than just improving transactions, important though the latter, managerial, task is. Leadership is needed now because we need transformation, not more of the same.

#### Achievements and limitations

The last 50 years in healthcare have been astonishing, including in ENT. High tech science has introduced many remarkable advances in care from the hip replacement to cochlear implantation. However at the end of 50 years' progress every society in health faces five huge problems. The first is unwarranted variation in quality, outcome and cost. That is variation which cannot be explained by differences in need or patient preferences. This variation reveals four other problems:

- Inequity
- Failure to prevent preventable disease
- Waste of resources
- Harm to patients.

These problems will not be solved by further re-organisation of health services. Nor will they be solved by more money, because there is no more money, and although new technology may mitigate some of them it will not solve all of them. What is needed is a new paradigm (Table 1).

What can be seen worldwide is a change from the paradigm of the last 10 years which was focused on quality and safety, and from the paradigm of the two decades before that focusing on effectiveness and evidence-based decision making, to the new paradigm.

#### Moving to value

The leadership of ENT will have to raise the issue of value. Certainly we want interventions that have strong evidence of effectiveness and we want them to be delivered with high levels of quality and safety but they have to maximise value and there are three types of value.

Allocative value or allocative efficiency is ensuring the right allocation of resources to different problems. Have we, for example, got the allocation right between dizziness, tinnitus, deafness, nasal pharyngeal problems and head and neck cancer, to name five of the main issues in ENT. We can be sure that there will be a variation in the resources allocated of these five populations based principally on the enthusiasm of individuals in different sub-specialties in the preceding 20 years rather than explicit consideration of needs and returns on investment.

Technical efficiency or value is the second type of value and one way of thinking of this is simply as outcomes related to costs but there are other examples of ways in which technical efficiency is evolving. For example, supposing a thousand people receive treatment with a good outcome at low cost that could be regarded as evidence of efficiency. If, however, the thousand people being treated were not the thousand people in the population who would benefit most then efficiency is not being maximised.

TABLE 1: PARADIGM.	
Bureaucracy Based Paradigm	Population and Personalised Paradigm
The aim is based on effectiveness, quality and safety outcomes	<ul> <li>The aim is triple value (outcomes / costs, both financial and carbon) and greater equity</li> <li>Allocative value, determined by how the assets are distributed to different sub groups in the population</li> <li>Technical value, determined by how well resources are used for all the people in need in the population</li> <li>Personalised value, determined by how well the decisions relate to the values of each individual.</li> </ul>
Good service for known patients	Personalised service for all the people affected in the <b>population</b>
Improvement through competition	Improvement through collaborative <b>systems and networks</b> with patients and carers as equal partners
Transformation attempted by re-organisation and more money	Transformation by culture change and digital knowledge services
Clinicians act as the users of their institution's resources	Clinicians feel they are the <b>stewards</b> of the population's resources

Finally there is personalised value. Even if our intervention is being given at high levels of quality does it solve the problem that brought the person to the doctor in the first place? The model for value based decision making which also requires decisions to be evidence based is shown in Figure 1.

These are the issues of the next 20 years. The leadership of ENT and all other clinical specialties will have to raise questions about value and asking questions not only about technologies or about services in isolation but on the balance of services. If there is no more money would more value be derived in the population by switching resources from head and neck cancer treatment to the assessment of dizziness, or vice versa? Of course leaders will be expected to fight for more resources for their specialties but in a world where there is no more growth people will be expected to live within their present resources, to be good stewards.

#### **Stewardship in ENT**

In future the cost of healthcare will be considered not only in terms of money and clinical time but also in patient time and the carbon footprint of the service, the sustainability of the service. A good steward leaves the land in better condition than they find it. Stewardship is to hold something in trust for others, particularly for future generations, and clinicians will need to adopt the culture of stewardship, of minimising the use

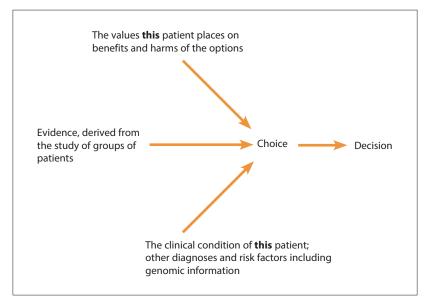


Figure 1: Model for value based decision making.

of resources for interventions of low or negative value. The relentless growth and use of antibiotics, lab tests and imaging cannot continue and should not continue even if there were limitless resources because all healthcare can do harm as well as good and the leadership needs to remind not only patients of this fact but also clinical colleagues.

#### Reference

1. MacGregor Burns J. *Leadership*. Harper Perennial Political Classics 1978 (p.4).

#### 



Director, Better Value Healthcare Ltd, Summertown Pavilion, 18-24 Middle Way, Oxford, OX2 7LG, UK. E: muir.gray@ medknox.net

J A Muir Gray,

Declaration of competing interests JAMG owns Better Value Healthcare and works with many NHS bodies.

####